

Key Point Christian Academy at First Miami Presbyterian Church				September 2019					
Monday		Tuesday		Wednesday		Thursday		Friday	
2 HOLIDAY NO SCHOOL		3 Chicken Milanesa Roasted Potatoes Broccoli Florets Soup: Cream of Broccoli Veg: Eggplant Milanesa		4 Beef Stew with Vegetables Mash Potatoes Roasted Vegetables Soup: Chickpeas Veg: Meatless Beef Stew		5 Rotini a la Amatriciana Mix Vegetables Soup: Minestrone Veg: Rotini Amatriciana w/no meat		6 Meatballs Subs Penne al Olio & Meatballs (opt.) Curly Fries Green Beans Soup: Chicken Noodle Soup Veg:Veggie Meatball Subs	
9 Mezze Penne Bolognese Mixed Vegetables Soup: Pasta Fagioli Veg: Penne Mushrooms Bolognese		10 Taco Tuesday with chicken Pico de Gallo, Guacamole Soup: Tortilla Veg: Refried Beans and Corn on the Cob		11 Beef Stroganoff White Jasmine Rice Mix Vegetables Soup: Potato Leeks Veg: Meatless Beef Stroganoff		12 Baked Chicken Fingers Homemade Mac & Cheese Mix Vegetables Soup: Chicken Noodle Veg: Meatless Chicken Fingers		13 Pizza Day Margarita, Pepperoni, Vegetables and Ham Soup: Pomodoro Veg: Vegetarian Pizza	
16 Beef Picadillo Jasmine Rice Broccoli Florets Soup:Lentil Soup Veg: Primavera Rice		17 Chicken Fricassee Mash potatoes Broccoli and Carrots Soup: Chicken Noodle Veg: Chickpeas Fricassee & White Rice		18 Lomo Saltado PERUVIAN Style Jasmine Rice Cauliflower Florets Soup: Cream of Vegetables Veg: Primavera Rice		19 Ground Turkey Baby Gold Potatoes Sweet Peas Soup: White Cabbage and Carrots Veg: Portobello Stew		20 Mezze Penne a la Carbonara Mixed Vegetables Soup: Minestrone Veg: Penne Mushrooms Bolognese	
23 Arroz con Pollo Sweet Plantain Soup: Chicken & Vegetable Veg:Primavera Rice		24 Beef Lasagna Green Beans Soup: Barley & Vegetables Veg: Vegetarian Lasagna		25 Ropa Vieja (flank steak) Jasmine Rice Sweet Plantains Black Beans Soup: Chicken Soup Veg: Jasmine Rice, Sweet Plantains, and Black Beans		26 Baked Chicken Fingers Homemade Mac & Cheese Broccoli Florets Soup: Cream of Broccoli Veg: Eggplant Milanesa		27 Pizza Day Margarita, Pepperoni, Vegetables and Ham Soup: Pomodoro Veg: Vegetarian Pizza	
30 TEACHER PLANNING DAY NO SCHOOL									